

Making Changes: To live is to change...

There is nothing permanent except change... Heraclitus 535-475 BC

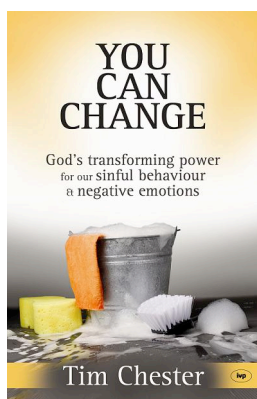
“Do you really want to see a Revival? Then go back home, and draw a three foot wide circle on the floor. Then kneel down inside that circle and ask God to covert everybody inside that circle. When you do that, you are experiencing the start of a Revival.” Gypsy Smith, British Evangelist, 1860-1947

Trapped



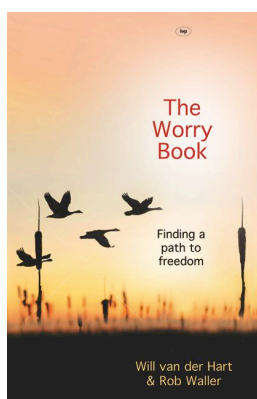
Able to change

Tim 2v25-26: Oponents must be gently instructed, in the hope that God will grant them repentance leading to a knowledge of the truth and that they will come to their senses, and escape the trap of the devil, who has taken them captive to do his will.



“You can change” Tim Chester IVP ISBN: 1844743039

- What: our image [*into imago dei*]
- Why: for God [*not ourselves*]
- How: repenting [*as the first step*]



“The Worry Book” Will Van Der Hart and Rob Waller IVP ISBN: 1844743039

Philippians 4v8-9: “Whatever is good, think about such things. Whatever you have learned or received from me, or seen in me - put it into practice. And the God of peace will be with you.”

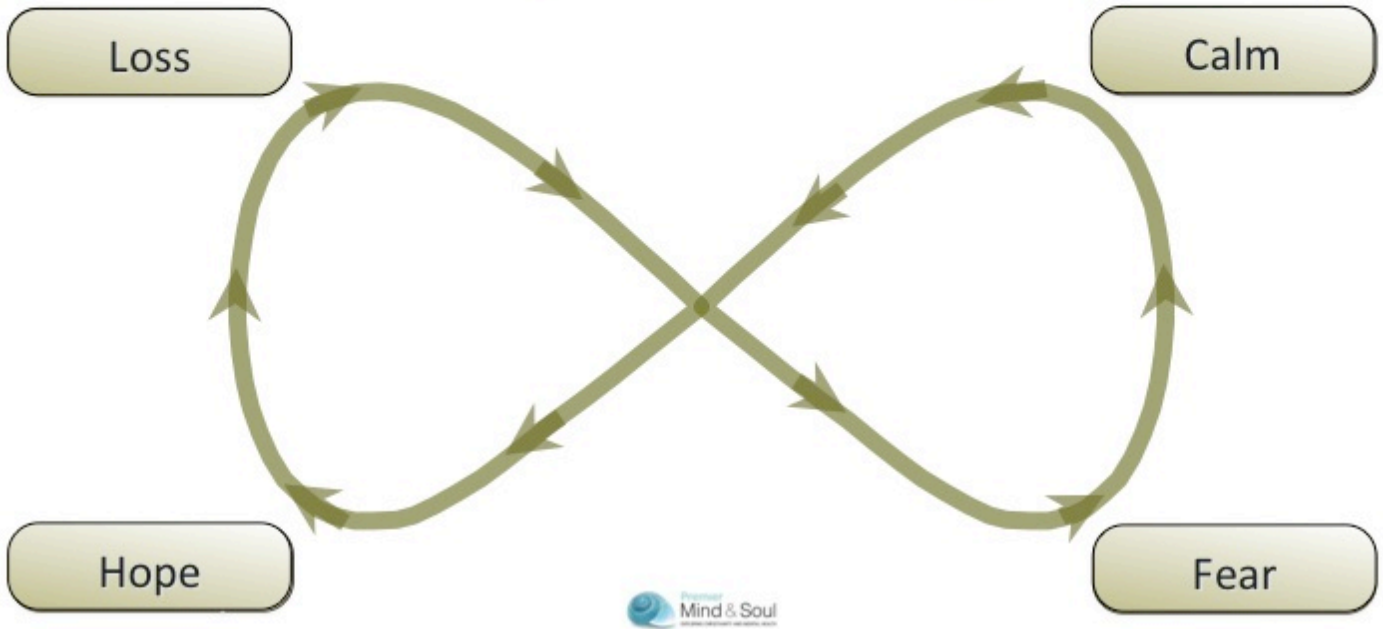
Changing Together:

- Friends: Important for the journey – its ups and its downs
- Faith: Too wise to make a mistake, Too good to do us harm
- Ferapists: to bring structure to our reflection and planning

Making Changes: To live is to change...

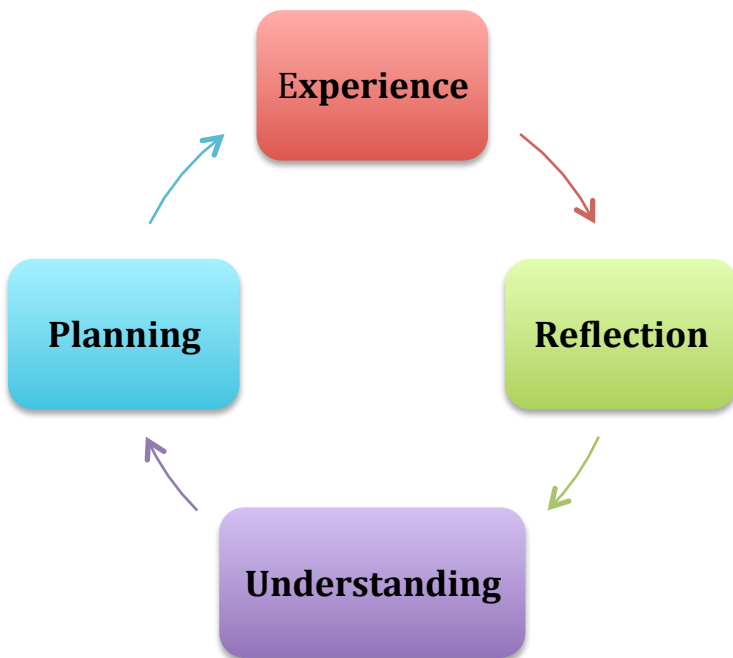
Margaret Wheatley
Diane Fosha

Living With Change



Reference: Margaret Wheatley. Leadership and the New Science, 2001

Experiential Learning



Kolb DA (1984) Experiential Learning: experience as a source of learning and development. New Jersey, Prentice

Beck AT (1967) The diagnosis and management of depression. University of Pennsylvania Press