1	Making a Difference Rachel Welch Project Director Selfharm.co.uk
2	What does Making a Difference mean? Isn't it obvious?
	(no)
3	Our Story
4	Well, that's all lovely and everything, but how does that apply to me, my experiences, my young people and how I can 'Make a Difference'?
5	 Working Therapeutically with Young People Something we're all doing already Emotions! Involves listening It doesn't have to involve understanding A little goes a long way

6 D Things to Consider

- Networking
- Your services vs Local services
- Limitations
- Test
- Grow
- Expand
- Review

7 D Things to Remember

- We already make a difference
- Youth work is challenging
- We are a team
- We are human too
- We deserve looking after
- Today's 15-year-olds will make a difference tomorrow because of you

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Thank you!!