

The Speakers



Ali Martin is on the Leadership team of Soul Survivor, heads up Soul Sista and acts as a conference host at their summer events. She's also now a mum too.



Dr Rob Waller is a Consultant Psychiatrist working for NHS Lothian and is also trained in Cognitive Behavioural Therapy. He is excited about churches and the NHS working together in creative ways. He is a Director of Mind and Soul.



Revd Will Van Der Hart is Vicar of St Peter's Church, West Harrow. He has a passion to see people set free from emotional and mental health problems and churches that are equipped to do this. He is a Director of Mind and Soul.



Martin Saunders is the Editor of Youthwork magazine, and a volunteer youth worker in his local church. He writes and speaks regularly on youth ministry and culture, and presents the Youthwork Podcast.



Donna Wade works for Christian charity LCET as a therapeutic worker specialising in self-harm, running group programmes in secondary schools around Luton.



Jane Smith is the Director of the Anorexia & Bulimia Care, a former head teacher and coauthor of 'First Steps out of Eating Disorders'. She supported her daughters through eating disorders to full recovery.



Andre Radmall is a Lecturer in Counselling at the London School of Theology, specialising in addictions. He trained as a psychiatric nurse and psychotherapist and has worked in adolescent units.



Pete English is Chief Executive Officer of This Way Up - a charity that supports young people affected by family breakdown and bereavement. www.twup.org.uk



Martin Watson & Ros Baldwin lead the Welfare Teams at Soul Survivor's summer festivals. Each year they see hundreds of young people with a whole range of emotional difficulties.



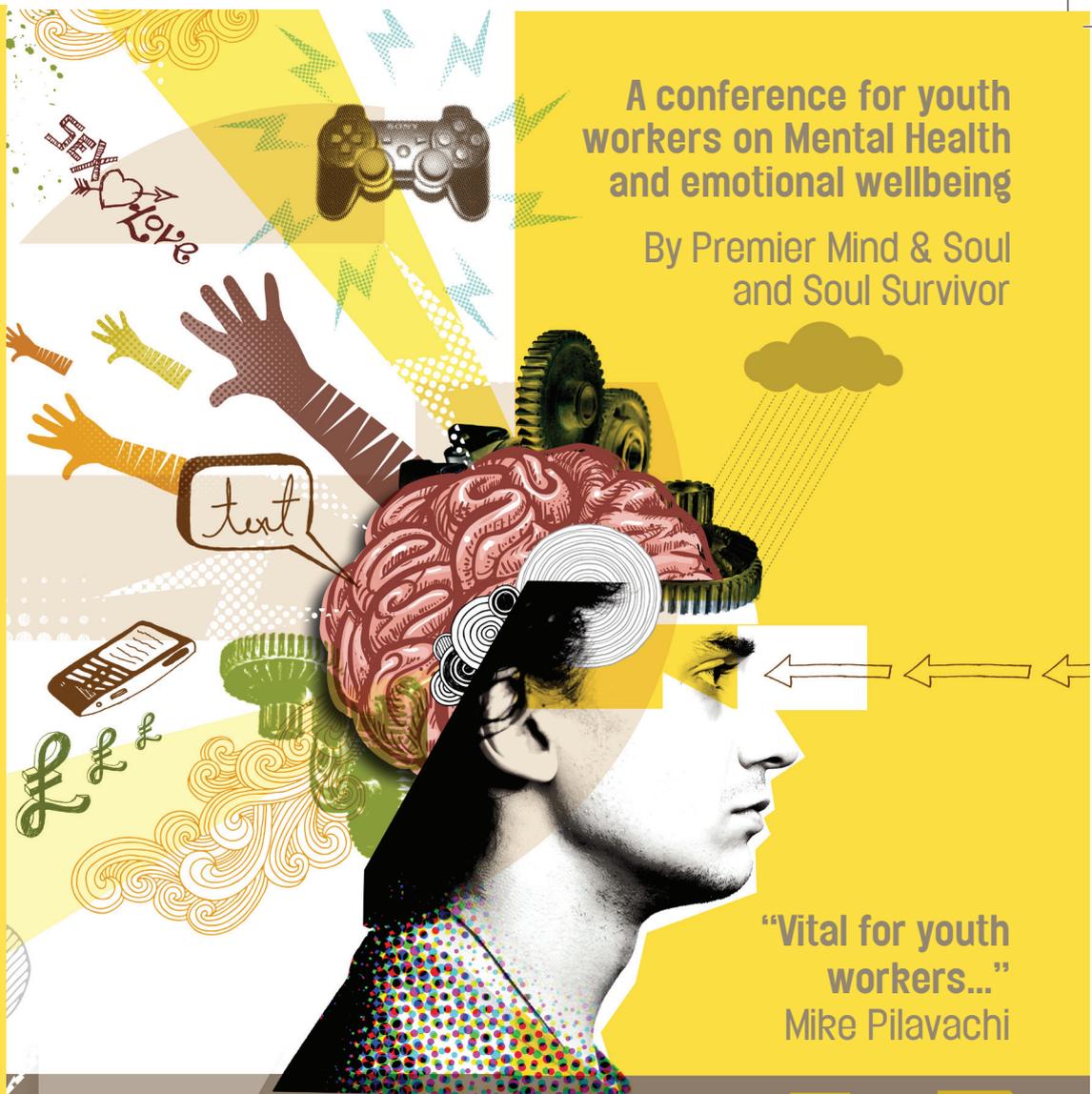
Arianna Walker is Executive Director of Mercy Ministries, a national Christian charity dedicated to providing a six-month residential programme for young women suffering from life-controlling issues.



Rachel Welch is Project Director at selfharm.co.uk, a project dedicated to supporting young people impacted by self-harm.



Kate Middleton is a Psychologist working in a Hertfordshire Church, speaker and author. She was also Director of Anorexia & Bulimia Care until 2008. Her passion is applying psychology to real life, enabling people to reach their full potential.



A conference for youth workers on Mental Health and emotional wellbeing

By Premier Mind & Soul and Soul Survivor

"Vital for youth workers..."
Mike Pilavachi

MINDSET

The Conference 2011

What is your mind set? Young minds should be full of hope, yet most youth workers see too much sorrow. Self-esteem, self-harm and self-image are now words in common use - but do you know what they mean and how to respond?

Premier Mind & Soul have teamed up with Soul Survivor to offer you this one-day conference on emotional health and wellbeing. Aimed primarily at Youth Workers, but of interest to anyone who works with people under 25, it will encourage, educate and equip.

Seminars will look at identity, self harm, eating disorders, depression, the role of the youth worker and working with other organisations; and will be delivered by recognised experts from youth work, counselling and health backgrounds.

When

Saturday 2nd April 2011

Where

Soul Survivor Watford
Warehouse 5-7
Greycaine Road
Watford, Herts WD24 7GP

Cost

Early Bird booking (before 1st March) £20
Standard booking (after 1st March) £30

To Book

visit www.premier.org.uk/mindset
Call 08456 52 52 52 (Mon-Fri 9am - 5pm)

A limited number of tickets will be available on the door.